



BMW Motorcycle Club of Ottawa

Advanced Rider Training (ART) School - Wednesday, 2 June 2010
Calabogie Motorsports Park – a Rain or Shine Event!

The BMW Motorcycle Club of Ottawa will present a one-day **Advanced Rider Training (ART) School** program for novice and intermediate riders, Wednesday, June 2nd 2010 at Calabogie Motorsports Park.

Program: the ART School program is for you:

- if improving your skills and confidence in cornering are among your riding objectives for the 2010 season;
- if you want to improve your bike handling skills by learning from both theory and practice;
- if you think that you can learn from instructor/coaches with proven track experience.

Objective: the objective of the ART School program is to maximize on-track skill development. The program will include classroom sessions to familiarize the rider with track protocols and provide essential track insights; skill development practices including positioning, braking, accelerating and swerving drills; and supervised on-track sessions throughout the day.

Goals: to improve your handling, braking and cornering skills; to bring it all together during the supervised practice and on-track riding sessions; and to have fun!

Groups: Riders will be grouped according to skill level. All class time, off-track exercises, control, monitoring and assessments will be led by coaches with safe riding training and track / race experience. If you are a cautious or less-experienced rider, please let us know and we'll make sure you're riding with a comparable group.

Riding Apparel: All riders must wear approved full-face helmets, one- or two-piece motorcycle-specific suits, gloves and boots. [Note: Motorcycles must pass a pre-track technical inspection and sound check.]

Registration and Cost: Registration limited to 40; please submit by April 1st. Club Member price is \$270.00. Non-Member price is \$295.00; late entries will be considered on a first-come, first-served basis. Make cheques payable to **BMW Motorcycle Club of Ottawa**; mail to: P.O. Box 8503 Main Terminal, Ottawa, ON, K1G_3H9. *As this is a Rain or Shine event, no refunds will be made, however substitutions may be allowed if individual circumstances dictate.*

Advisement. The liability insurance coverage included in the On-Track Rider Training fee is for the benefit of Calabogie MotorSports Park and the BMW Motorcycle Club of Ottawa. If you have any questions concerning your personal insurance coverage for on-track rider training programs, you should contact your insurance agent.

For more information, contact any of the following members:

Don Dobson	dondobson_99@rogers.com
Marc Desroches	qu4tre_vents@hotmail.com
Tony Street	tstreet08@gmail.com
Pat Warner	pat.warner@rogers.com

